

Tuesday 24 – Friday 27 August

9 am – 12 pm

SUMMER SWIM CAMP

- Land training
- Progressive drills and technique work
- Video analysis of stroke technique**
- Advanced racing turns and starts

Members: £30 per day, or £100 for 4 days

Non members: £40 per day, or £120 for 4 days

Limited to only thirty lucky individuals
priority for places will be given to
competitive Regional and County
swimmers

To book a place, please contact
Martin Jurco:

martin.jur@googlemail.com

07900225303

