



SPBSCC

St Paul's School, Lonsdale Road
Barnes, London, SW13 9JT

T : 0208 748 9162
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General-enquiries@stpaulsbarnessc.com

www.stpaulsbarnessc.com

Dear Members,

It has been quite a while since the club's last newsletter.

There has been a significant amount of change, and indeed there are a number of planned changes for the future which will play an important role in the shaping of the club going forwards. Please do read this letter as it is vital that as a member you are up-to-date with such plans. We are at the end of our very first year as a competitive swimming club and while we celebrate our successes during the past season, we should also look forward and enhance our organisation and structure to meet our stated objectives of being an "open and competitive club".

New coaching programme and strategy

If you haven't seen the new programme already – you need to.

This exciting new development will be put into full operation in September 2010.

Please look at the notice boards by the pool and the website for further details:

<http://www.stpaulsbarnessc.com/>

Martin Jurco appointed as NEW HEAD AGE GROUP COACH

Please join us in congratulating Martin on his appointment to Head Age Group Coach.

This new role will take responsibility for the strategy and leadership of all age group squads with the exception of the Seniors' and Masters' squad which will remain under the experienced eye of Tony Pearce. Martin's appointment will play a vital role in the future direction of the club and the control of the swimming standards among all members under 17.

Tony Pearce – Head Coach, Seniors' and Masters' Squad

The hours and dedication required to fulfil a role as both Head Coach of SPBSC, and Director of Swimming at St Paul's School were huge, and for one person to try to perform both roles simultaneously required someone superhuman. Tony though close, could not be expected to keep all the plates spinning at the club forever. Continuing in his role as Seniors' and Masters' Coach, Tony will continue to act as Head Coach but will also be working alongside and mentoring Martin in his new role of Head Age Group coach.



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Romilly Hunt – Stepping Down

As an outstanding and dedicated coach, Romilly Hunt's expertise and experience of swimming at the highest level has been an invaluable asset to the club in its first year of operation. It is with regret that the new timetable will mean that Romilly will now be unable to fit the new schedule around his already significant existing commitments to Bute House Swimming. His presence, knowledge, and all-round positive nature will be greatly missed by everyone at the club. Please join us in thanking Romilly for his time dedication, and pivotal role in the formation of the club.

Growing pains

Going from a virtual club of no members to just over 200 in the space of 9 months, though a cause for great celebration, is also the cause of a number of inevitable challenges and growing pains. In September, the number and quality of new swimmers joining was very much an unknown quantity. As a result, squads were initially formed in a rather fluid way. This has resulted in either the under- or over-utilisation of the pool, and in some cases, coaches' time. The club is now looking to address this issue with the new training schedule.

Advertisement for new coaches

Victoria Hinton's departure from the coaching team due to injury and illness has left a huge hole to fill and resulted coaching team working extremely long hours to cover the sessions. Added to this, as per the above, the loss of Romilly to the coaching team will also leave an important and rather large hole.

An advertisement has now been placed in the Swimming Times (out on July 15) and the club now aims to have a replacements ready to start for the new term in September.

Age Group Reps:

It was suggested in the recent AGM that parents could act as official Age Group Reps to help arrange social events and to build a greater sense of community and belonging within the club. Bosi Dukic and Mags Close are both incredibly affable and friendly people. They have volunteered to be the first reps for their respective squads – be sure to say hello to them when you are next at the pool, and if you are interested in volunteering please do get in touch with Tom Taylor on: tbt@stpaulsschool.org.uk



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New members of the Committee

Congratulations to Dean Illis, who has been appointed as the Club's Competition Secretary, and also to David Brandon, who has been appointed as the new Vice Chairman. Both Dean and David will be around at the pool side most nights. Be sure to say hello if they don't get there first.

The role of the Committee

We as a Committee know we don't always get everything right – especially not first time around. Indeed this first year has been a real learning curve for all of us. Mostly it has involved the setting up of a number of procedures and protocols on anything from ASA registration, decisions about which galas to enter, to organising transport for galas. After a year we feel the natural pattern and calendar of the club has now been established, and as such we hope to enjoy a sustained period of stability when the Committee is very hands off in terms of individual swimmers, squad criteria or technical swimming matters etc. This responsibility will now be very much in the hands of the experts – the coaches.

Your club needs you!

While Dean and David are both a very welcome addition to the Committee, we are still short of a couple of key volunteers. The two most pressing positions that need to be filled are the **Treasurer**, and also **Communications Officer**.

The latter we know is of particular importance, as we appreciate that communication between members of the club and the Committee has not been fantastic of late and this needs to be rectified.

The running of the club relies on volunteers and we will find it difficult to function and to keep parents and swimmers informed if we cannot find some willing volunteers soon.

If you are interested in helping out please contact Tom Taylor on: tbt@stpaulsschool.org.uk

Arrangements for the summer close-down

- St Paul's Girls' School will be closed from Monday 12 July for 5 weeks until Monday 23 August. As a result Wednesday's swimming sessions will be suspended during this period.
- St Paul's Boys' School pool will be closed from Friday 6 August to Monday 23 August. All training sessions will therefore be cancelled during this period too.

Both these closures are unavoidable, and are necessary for the annual summer maintenance carried out by the schools.



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Richmond Borough Championships.

A big congratulation to those swimmers who took part in the Richmond Borough Championships. SPBSC won both the boys and girls under 12 category, with Alex Kunde and Anna Pang finishing as overall winners. Isabella Padt also had a great swim to take 2nd place in the girls under 12s category. The Club was strongly represented in the younger age groups too, with Anoushka Maini, Charlotte Wilson (who has just turned 9), Christy Moon, Bertie Newman, Jack Ramsey, Rosa Clarke, Lara Champman, Phoebe Finlay all putting in some fantastic performances – If there was a separate category for 10 year olds – we clearly would have won it – bring on next year!

Regional Championships:

Anna Pang achieved several amazing PB's and 6 national qualifying times. She also came 3rd overall in the BAGCAT standings, and took 1 gold, 1 silver and 2 bronzes in individual races. Josh Lawson also put in a great performance to take home 4th place in 200 the breast. Chloe Close, who joined the club in September as a school swimmer of 25m races has, through great determination and training, progressed into a fine competitive swimmer. A clear example of this remarkable progress can be seen from coming 12th in the Surrey County in March to taking 5th place in the London Region 3 months later. Next year....the Nationals?

Epsom Level 3 meet:

By all accounts this was a another successful event for SPBSC – Full details will follow in the next edition of the News Letter.

Swim Camp

24th August to 27th August.

09.00 – 12.00

- Land training sessions - focusing on core strength and stretching
- Progressive drills and technique work
- Video analysis of stroke technique
- Advanced racing turns and starts

Members: £30 per day, or £100 for 4 days

Non member: £40 per day or £120 for 4 days

Enquires to Martin Jurco, Head Age Group Coach:

07900225303

Places are limited to 30 swimmers so book early to avoid disappointment.



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