



ST PAUL'S BARNES  
SWIMMING CLUB

## CLUB SHOP

For a limited period, the Club Shop has a range of SPBSC clothing as well as a backpack/mesh bag set, all of which are ideal gifts for Christmas or birthdays.

All orders must be made in bulk to the manufacturer and the deadline for this period is 25 November 2009. Although we will do our best to ensure delivery of orders before Christmas, we cannot guarantee that all items will arrive on time. For enquiries and orders, please email Tanya at [tanya.pang@gmail.com](mailto:tanya.pang@gmail.com).

### SPBSC Hoodie

Keep yourself warm before and after training and pool-side during competition with the new custom-made SPBSC hoodie. The cost price per hoodie is £25.



- Embroidered logo on the front left breast and printing on the back
- 80% Cotton / 20% Polyester
- Modern Raglan style
- Contrast lined hood with drawstring
- Contrast piping on front/sides
- Contrast shaped side panels
- Front pockets (not pictured)
- Rib cuffs and hem
- Sizes will be made according to the club T-shirt sizes. The following are available:
  - Children (32" chest)
  - Adult small (37" chest)
  - Adult large (42" chest)
  - Adult XL (47" chest)



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### SPBSC Backpack & Mesh Bag

The new SPBSC backpack and mesh bag set provides a dry place for your towels and swimwear while wet equipment such as flippers, pull buoys and kickboards are stored conveniently together in the mesh bag, which allows the water to drain.



Backpack: Royal blue and black

- Material: High quality 420d Ripstop/600d Polyester
- SPBSC logo on front pocket
- Reflective piping
- Ipod/mp3/CD player pocket & earphone outlet
- Front pocket and mesh pocket for wet items or drinks bottles

Mesh bag (colour to be confirmed)

- Polyester mesh material to carry training equipment
- Designed to fit kickboards, pull buoys, fins bottles etc
- Printed SPBSC logo alongside the brand

The backpack and mesh bag are sold as a set for £25.50 per set or separately for £20 per backpack and £7.50 per mesh bag.



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### Girls' Shorts

For girls, we have royal blue Softe shorts with SPBSC printed on the reverse retailing at a cost price of £15 per pair. Softe is a fashionable American brand and the SPBSC logo will have a "collage" style to strengthen this image.



- 50% Cotton, 50% Polyester jersey knit
- Knit athletic cheer short
- Standard length
- V-notch legs
- 3" inseam on sizes small to large (see size chart below)
- 1¼" exposed elastic waistband
- Available in Youth Girls (Kids) and Girls sizes shown in size chart below

### Boys' Shorts

For boys, we have a longer short in the Softe brand, also in royal blue with SPBSC printed on the reverse retailing at a cost price of £22 per pair. Softe is a fashionable American brand and the SPBSC logo will have a "collage" style to strengthen this image.



- 100% Nylon
- Two-ply mini-mesh long short
- 7¾" inseam on size large
- Baggy/Comfort/Cool Style
- 1½" covered elastic waistband
- Inside drawstring
- Available in Guys sizes only as shown in size chart below



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### Zuma Drag Shorts

Zuma drag shorts are worn over normal swimwear and provide drag, which will decrease your times in training but maintain your stroke technique. Many swimmers wear these throughout training to make every length harder work.



In time, the swimmer will grow accustomed to this “drag” and when the drag shorts are removed during time trialling or a competition, a “taking the chains off” feeling occurs which gives the swimmer both a physiological and psychological boost. The drag shorts are made from high-quality fabrics and are available in two sizes: youth (24”-30” waist) and adult (28”-34”). Zuma drag shorts retail at a cost price of £8.85.

The Club Shop also has available for sale individually Club T-shirts, caps and water bottles:

- Club T-shirts all sizes £12
- Club cap £5
- Club water bottle £5

Please direct all enquiries and orders to Tanya ([tanya.pang@gmail.com](mailto:tanya.pang@gmail.com))



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### Size Chart

#### GUYS



	SMALL	MED	LARGE	XL	2XL	3XL	4XL	5XL	6XL
<b>Guys</b>									
Waist (Chest)	28-30 (34-36)	32-34 (38-40)	36-38 (42-44)	40-42 (46-48)	44-46 (50-52)	48-52 (54-56)			
<b>Big &amp; Tall</b>									
Waist (Chest)			34 (48)	36 (52)	40 (56)	44 (60)	48 (64)	52 (68)	56 (72)

#### GIRLS



	XS	SMALL	MED	LARGE	XL
<b>Girls</b>	0-1	3-5	7-9	11-13	15
(Bust)	na	32-33	33-35	36-38	38-40
(Waist)	22-23	23-25	25-27	28-30	30-32
(Hip)	31-33	33-35	36-38	38-40	41-43

#### KIDS



	XS	SMALL	MED	LARGE	XL
<b>Youth Girls</b>	4	7	8-10	12-14	16
(Chest)		25-26	27-29	29-31	32-33
(Waist)		22-23	23-24	25-26	26-27
(Hip)		27-28	29-30	31-33	33-35
<b>Youth Boys</b>	7	8	10-12	14-16	18-20
(Chest)		25-26	27-30	30-33	33-36
(Waist)		23-24	24-26	26-28	28-30
(Hip)		25-27	27-30	30-34	34-37